

Recommended Artificial Tears

MILD VISCOSITY

Genteal
Hypotears
Refresh Optive
Refresh Plus
Refresh Tears
Theratears
Tears Naturale
Blink

MODERATE VISCOSITY

Refresh Optive Advanced
Genteal Gel Moderate
Systane balance
Theratears Liquigel

HIGH VISCOSITY

FreshKote (BTC) Behind the Counter
Genteal Gel Severe
Refresh Celluvisc
Refresh Liquigel
Systane Ultra
Tears Naturale Forte

OINTMENTS

Genteal PM
Refresh PM
Tears Naturale PM

ORAL PREPARATIONS

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|--------------------------|----------------------------------|----------|
| Theratears Nutrition | Flaxseed/Fish Oil | Capsules |
| Tears Again Hydrate (Rx) | Flaxseed Oil, Primrose, Bilberry | SoftGels |
| Generic Flaxseed* | Flaxseed Oil | Varies |
| HydroEye | Omega-3's, 6'3 | SoftGels |

*May be related to increased risk of prostate inflammation